



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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www.theoceancountylibrary.org

Susan Quinn, Director

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PRESS RELEASE

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Jackson Library July Programs

JACKSON – The Ocean County Library will host a variety of programs for adults throughout July at the Jackson Branch, 2 Jackson Drive, 732-928-4400.

- “How to Understand and Improve Credit Score & Become a Home Owner” 7 p.m. Monday, July 9. Learn to understand and fix your credit score, and go through steps in the home buying process.
- “Afternoon Film” 2:30 p.m. Thursday, July 12. Call the branch or visit theoceancountylibrary.org/events for film details.
- “Coloring for Adults” 10 a.m. Tuesday, July 17. Rediscover the joy of coloring. Coloring sheets and art supplies will be provided along with light refreshments and relaxing music.
- “Evening Film” 6 p.m. Monday, July 23. Call the branch or visit theoceancountylibrary.org/events for film details.
- “Mindfulness Meditation: On Letting Go” 11 a.m. Thursday, July 26. Learn the gentle art of “letting go” through guided meditation. Practice will include informational teachings and sitting in silence, followed by a Q&A. This session is open to novice and skilled practitioners.

Registration is required for these free events. To register, call the branch or visit theoceancountylibrary.org/events.